

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ray Tshitake

Has successfully participated & completed the

42km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 03:49:56

PACE 05:27/km

OVERALL 89 of 440

GENDER 79 of 351

SENIOR (20- 48 of 133

39)

16 February 2019, Sat

Date

BoutTime

Signature